# СОГЛАСОВАНО УТВЕРЖДАЮ

Председатель профкома Директор МБОУ ДО ДЮСШ

#### МБОУ ДО ДЮСШ муниципального района

#### МР Мелеузовский район РБ Мелеузовский район РБ

#### \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_А.С. Десницкая \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_А.Ф. Ахтямова

«\_\_\_\_»\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ 2017 г. «\_\_\_\_»\_ \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ 2017 г.

**Р А С П И С А Н И Е**

**учебно-тренировочных занятий на I полугодие 2017-2018 учебного года**

**отделение борьбы дзюдо**

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| ***группы*** | ***понедельник*** | ***вторник*** | ***среда*** | ***четверг*** | ***пятница*** | ***суббота*** | ***воскресенье*** | ***тренеры-преподаватели*** |
| **НП-1** | - | 8.30-9.15  9.20-10.05 | - | 8.30-9.15  9.20-10.05 | - | 8.30-9.15  9.20-10.05 | - | Кутлугужин Т.И.  (зал борьбы) |
| **НП-2** | 8.30-9.15  9.20-10.05  10.10-10.55 | - | 8.30-9.15  9.20-10.05  10.10-10.55 | - | 8.30-9.15  9.20-10.05  10.10-10.55 | - | - |
| **НП-3** | 16.00-16.45  16.50-17.35 | 16.00-16.45  16.50-17.35 | 16.00-16.45  16.50-17.35 | 16.50-17.35 | 16.00-16.45  16.50-17.35 | - | - |
| **УТГ-1** | 17.45-18.30  18.35-19.20 | 17.45-18.30  18.35-19.20 | 17.45-18.30  18.35-1920 | 17.45-18.30  18.35-19.20 | 17.45-18.30  18.35-19.20 | 17.45-18.30  18.35-19.20 | - |
| **НП-1** | - | 8.30-9.15  9.20-10.05 | - | 8.30-9.15  9.20-10.05 | - | 8.30-9.15  9.20-10.05 | - | Гайсин З.С.  (зал борьбы) |
| **НП-2** | 8.30-9.15  9.20-10.05  10.10-10.55 | - | 8.30-9.15  9.20-10.05  10.10-10.55 | - | 8.30-9.15  9.20-10.05  10.10-10.55 | - | - |
| **НП-3** | 16.00-16.45  16.50-17.35 | 16.50-17.35 | 16.00-16.45  16.50-17.35 | 16.00-16.45  16.50-17.35 | 16.00-16.45  16.50-17.35 | - | - |
| **УТГ-1** | 17.45-18.30  18.35-19.20 | 17.45-18.30  18.35-19.20 | 17.45-18.30  18.35-19.20 | 17.45-18.30  18.35-19.20 | 17.45-18.30  18.35-19.20 | 17.45-18.30  18.35-19.20 | - |
| **УТГ-4** | 16.00-16.45  16.50-17.35  17.40-18.25 | 16.00-16.45  16.50-17.35  17.40-18.25 | 16.00-16.45  16.50-17.35  17.40-18.25 | 16.00-16.45  16.50-17.35  17.40-18.25 | 16.00-16.45  16.50-17.35 | - | 16.00-16.45  16.50-17.35  17.40-18.25 | **Кутлугужин И.Я.**  **(зал борьбы)** |
| **УТГ-5** | 18.35-19.20  19.25-20.10  20.15-21.00 | 18.35-19.20  19.25-20.10  20.15-21.00 | 18.35-19.20  19.20-20.10  20.15-21.00 | 18.35-19.20  19.25-20.10  20.15-21.00 | 17.45-18.30  18.35-19.20  19.25-20.05 | - | 18.35-19.20  19.25-20.10  20.15-21.00 |

**отделение скалолазание**

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| ***группы*** | ***понедельник*** | ***вторник*** | ***среда*** | ***четверг*** | ***пятница*** | ***суббота*** | ***воскресенье*** | ***тренеры-преподаватели*** |
| **УТГ-3** | - | 8.00-8.45  8.50-9.35  9.40-10.25 | - | 8.00-8.45  8.50-9.35  9.40-10.25 | 8.00-8.45  8.50-9.35  9.40-10.25  10.30-11.15 | 14.00-14.45  14.50-15.35  15.40-16.25  16.30-17.15 | - | **Пешехонов А.А**. |
| **УТГ-4** | 17.00-17.45  17.50-18.35  18.40-19.25  19.30-20.15 | 17.00-17.45  17.50-18.35  18.40-19.25 | 17.00-17.45  17.50-18.35  18.40-19.25  19.30-20.15 | 17.00-17.45  17.50-18.35  18.40-19.25  19.30-20.15 | 17.00-17.45  17.50-18.35  18.40-19.25 | - | - |
| **УТГ-2** | - | 8.00-8.45  8.50-9.35  9.40-10.25 | - | 8.00-8.45  8.50-9.35  9.40-10.25 | 8.00-8.45  8.50-9.35  9.40-10.25 | 14.00-14.45  14.50-15.35  15.40-16.25 | **-** | Пешехонов Е.А. |
| **ГНП- 1** | - | 17.00-17.45  17.50-18.35 | - | 17.00-17.45  17.50-18.35 | 17.00-17.45  17.50-18.35 | - | - |
| **ГНП- 2** | 17.00-17.45  17.50-18.35 | 18.40-19.25  19.30-20.15 | 17.00-17.45  17.50-18.35  18.40-19.25 | 18.40-19.25  19.30-20.15 | - | - | - |
| **ГНП-3** | 18.40-19.45  19.30-20.15 | - | 19.30-20.15  20.20-21.05 | - | 18.40-19.25  19.30-20.15 | 10.00-10.45  10.50-11.35  11.35-12.20 | - |
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**отделение стрельба из лука**

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| **УТГ-4** | 15.00-15.45  15.50-16.35  16.40-17.25 | 15.00-15.45  15.50-16.35  16.40-17.25 | 15.00-15.45  15.50-16.35  16.40-17.25 | 15.00-15.45  15.50-16.35  16.40-17.25 | 15.00-15.45  15.50-16.35  16.40-17.25 | - | 11.00-11.45  11.50-12.35  12.40-13.45 | **Батова Э.Р.** |
| **УТГ-5** | 17.30-18.15  18.20-19.05  19.10-19.55 | 17.30-18.15  18.20-19.05  19.10-19.55 | 18.00-18.45  18.50-19.35  19.40-20.25 | 17.30-18.15  18.20-19.05  19.10-19.55 | 17.30-18.15  18.20-19.05  19.10-19.55 | - | 13.45-14.15  14.20-15.05  15.10-15.55 |
| **ГНП-1** | 9.00-9.45  9.50-10.35 |  | 9.00-9.45  9.50-10.35 |  | 9.00-9.45  9.50-10.35 |  |  | Елистратов А.О. |
| **ГНП-1** | 15.00-15.45  15.50-16.35 |  | 15.00-15.45  15.50-16.35 |  | 15.00-15.45  15.50-16.35 |  |  |
| **ГНП-1** |  | 15.00-15.45  15.50-16.35 |  | 15.00-15.45  15.50-16.35 |  |  | 11.00-11.45  11.50-12.35 |

**отделение легкой атлетики**

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| *группы* | *понедельник* | *вторник* | *среда* | *четверг* | *пятница* | *суббота* | *воскресенье* | *тренеры-преподаватели* |
| УТГ-4 | 15.00-15.45  15.50-16.35  16.40-17.25 |  | 15.00-15.45  15.50-16.35  16.40-17.25 | 15.00-15.45  15.50-16.35  16.40-17.25 | 15.00-15.45  15.50-16.35  16.40-17.25 | 15.00-15.45  15.50-16.35  16.40-17.25 | 9.00-9.45  9.50-10.35  10.40-11.25 | **Ахтямов И.Б.** (большой зал,  парк «Слава») |
| УТГ-5 | 17.35-18.20  18.25-19.10  19.15-20.00 |  | 17.35-18.20  18.25-19.10  19.15-20.00 | 17.35-18.20  18.25-19.10  19.15-20.00 | 17.35-18.20  18.25-19.10  19.15-20.00 | 17.35-18.20  18.25-19.10  19.15-20.00 | 17.35-18.20  18.25-19.10  19.15-20.00 |
| УТГ-4 | 15.00-15.45  15.50-16.35  16.40-17.25 | 15.00-15.45  15.50-16.35  16.40-17.25 | 15.00-15.45  15.50-16.35  16.40-17.25 |  | 15.00-15.45  15.50-16.35  16.40-17.25 | 15.00-15.45  15.50-16.35  16.40-17.25 | 9.00-9.45  9.50-10.35  10.40-11.25 | Ахтямов Б.А.  (большой зал,  парк «Слава») |
| УТГ-5 | 17.35-18.20  18.25-19.10  19.15-20.00 | 17.35-18.20  18.25-19.10  19.15-20.00 | 17.35-18.20  18.25-19.10  19.15-20.00 |  | 17.35-18.20  18.25-19.10  19.15-20.00 | 17.35-18.20  18.25-19.10  19.15-20.00 | 11.35-12.20  12.25-13.10  13.15-14.00 |
| ГНП-2 | 8.30-9.15  9.20-10.05  10.10-10.55 | 8.30-9.15  9.20-10.05  10.10-10.55 |  | 8.30-9.15  9.20-10.05  10.10-10.55 | 8.30-9.15  9.20-10.05  10.10-10.55 |  |  | Ларионова С.Л.  (большой зал,  парк «Слава») |
| ГНП-3 | 14.30-15.15  15.20-16.05 | 14.30-15.15  15.20-16.05 |  | 14.30-15.15  15.20-16.05 | 14.30-15.15  15.20-16.05 | 14.30-15.15 |  |
| УТГ-4 | 16.15-17.00  17.05-17.50  17.55-18.40 | 16.15-17.00  17.05-17.50  17.55-18.40 |  | 16.15-17.00  17.05-17.50  17.55-18.40 | 16.15-17.00  17.05-17.50  17.55-18.40 | 15.25-16.10  16.15-17.00  17.05-17.50 |  |
| УТГ-3 | 14.30-15.15  15.20-16.05  16.10-16.55 | 14.30-15.15  15.20-16.05  16.10-16.55 | 14.30-15.15  15.20-16.05  16.10-16.55 | 14.30-15.15  15.20-16.05  16.10-16.55 | 14.30-15.15  15.20-16.05  16.10-16.55 | 14.30-15.15  15.20-16.05  16.10-16.55 |  | Ахтямова Х.А.  (большой зал,  парк «Слава») |
| УТГ-4 | 17.05-17.50  17.55-18.40  18.45-19.30 | 17.05-17.50  17.55-18.40  18.45-19.30 | 17.05-17.50  17.55-18.40  18.45-19.30 | 17.05-17.50  17.55-18.40  18.45-19.30 | 17.05-17.50  17.55-18.40  18.45-19.30 | 17.05-17.50  17.55-18.40  18.45-19.30 |  |
| ГНП-1 | 8.30-9.15  9.20-10.05 |  | 8.30-9.15  9.20-10.05 |  | 8.30-9.15  9.20-10.05 |  |  | Литвинова Л.В. (большой зал,  парк «Слава») |
| ГНП-2 | 14.30-15.15  15.20-16.05  16.10-16.55 |  | 14.30-15.15  15.20-16.05  16.10-16.55 |  | 14.30-15.15  15.20-16.05  16.10-16.55 |  |  |
| ГНП-2 |  | 14.30-15.15  15.20-16.05  16.10-16.55 |  | 14.30-15.15  15.20-16.05  16.10-16.55 |  | 14.30-15.15  15.20-16.05  16.10-16.55 |  |
| ГНП-2 |  | 17.05-17.50  17.55-18.40  18.45-19.30 |  | 17.05-17.50  17.55-18.40  18.45-19.30 |  | 17.05-17.50  17.55-18.40  18.45-19.30 |  |

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| СО | 16.00-16.45  16.50-17.35 |  | 16.00-16.45  16.50-17.35 |  | 16.00-16.45  16.50-17.35 |  |  | **Хлопотин В.П.**  (зал ОФП) |
| СО |  | 16.00-16.45  16.50-17.35 |  | 16.00-16.45  16.50-17.35 |  | 16.00-16.45  16.50-17.35 |  |